

COVID-19 INFORMATION & RESOURCES

ASK/OFFER HELP:

<https://helpnetdoormb.ca>

GOVERNMENT OF CANADA COVID-19 HOMEPAGE:

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

CANADIAN EMERGENCY RESPONSE BENEFIT:

<https://www.canada.ca/en/services/benefits/ei/cerb-application.html>

GOVERNMENT OF MANITOBA:

<https://www.gov.mb.ca/covid19/index.html>

MENTAL HEALTH VIRTUAL THERAPY (GOVERNMENT OF MANITOBA):

<https://www.gov.mb.ca/covid19/bewell/virtualtherapy.html>

HOW TO SPOT FAKE NEWS



CONSIDER THE SOURCE

Is there an author? Check out their credentials on relevant issues.



READ BEYOND

Headlines can be outrageous in an effort to get clicks. What's the whole story?



SUPPORTING SOURCES?

Click on links or check with official sources. Do they support the story?



DO OTHERS AGREE?

Are any other sites reporting this? What sources are they citing?



IS IT A JOKE?

If it is too outlandish, it might be satire. Research the source to be sure.



CHECK YOUR BIASES

Consider if your own beliefs or concerns could affect your judgement.



ASK THE EXPERTS

Ask a librarian, or consult a fact-checking site, official source like the WHO.



LOOK BEFORE YOU SHARE

Don't share posts or stories that you haven't checked out first!